

# Windmill Hill Academy

Windmill Hill  
Launceston  
Cornwall  
PL15 9AE

Tel: 01566 772143

Email: [windmill@andaras.org](mailto:windmill@andaras.org)

[www.windmillhillacademy.org](http://www.windmillhillacademy.org)

Monday 2<sup>nd</sup> June 2025

Dear Parent/Carer,

## Year 3 (Eng) 'Growing and Changing' Relationships and Sex Education unit

Promoting the health and well-being of our pupils is an important part of children's overall education. We do this through our Personal, Social and Health Education (PSHE) curriculum. This looks at many topics including physical and emotional health, all kinds of relationships, and living in the wider world.

This half term, our school will be focusing on part of our SCARF PSHE scheme to deliver some of the relationships and sex education (RSE) aspect of our PSHE programme to Year 3 children. It became a legal requirement in September 2020 for relationships and sex education to be taught across the school, in an age- and developmentally-appropriate way. The design of the programme has taken into account the requirements of the statutory guidance, up-to-date best practice guidance, and the needs of our children.

Your Year 3 child will be exploring 'Body Space' and 'My Changing Body'. During these lessons, correct vocabulary will be taught and shared with your child. This includes the scientific vocabulary of penis, vulva and vagina. These scientific names are used across all years, so that children are able to express themselves clearly when talking about these body parts.

We recognise that parents and carers play a vital part in their child's RSE, and we encourage you to use this vocabulary with your child at home as well. If further advice/support is required, or you have any questions about the programme, please do not hesitate to speak to your child's class teacher (Miss Osborne) by the end of this week.

If after reading this letter you have any questions about the programme, please do not hesitate to contact the school.

Further information can be found on your child's ClassDojo page, as well as the school website (Class Pages – Year Group – Curriculum Information; Curriculum - Personal, Social, Health Education (PSHE) and Relationships Education).

Yours sincerely,

Mrs Bassett  
Headteacher

*Inspiring passionate, lifelong learners who strive to make a positive contribution to their community and the world around them.*