

Windmill Hill Academy

Inspiring Passionate Life-Long Learners

Windmill Hill
Launceston
Cornwall
PL15 9AE

Tel: 01566 772143

Email: windmill@andaras.org

www.windmillhillacademy.org



Dear Parents / Carers,

Windmill Hill Academy is one of 127 schools in the UK taking part in the 401 Foundation Project. The 401 Foundation is a mental health charity whose purpose is to help people empower themselves and their local communities to build confidence, self-esteem and promote positive mental health.

In May 2022, Ben Smith is off to the USA where he will run and cycle unaided, 14,000 miles across all 50 US states in just 104 days. We will be following his journey.

The Virtual School Mission

The 401 Foundation is challenging each year group to complete a virtual 13,138.5-mile journey across all 50 US states, similar to the one Ben will complete in 2022.

Each child in KS2 will come home with a passport that they will need to bring back to school daily and a badge that they can wear on their school jumper. Their passport is a great way to keep track of their personal activity steps and it links in with the classroom trackers used to update the MyVirtualMission platform. Plus, it's a nice memento to keep after the programme has finished.

The children can take part in over 100 activities. If an activity isn't on the list – use the data from the closest on the list. Activities can be completed individually or with others so feel free to enjoy the mission as a family. The important thing is not accuracy but activity. We will also be keeping a chart and adding all activity completed in school – we are planning some fun ways to get active.

A full welcome pack which includes the activity list and steps to mile conversion sheets will be posted on Class Dojo, the website and Facebook.

We are all excited and eager to get going; we hope that you will enjoy it too!

Thank you for your continued support.

Miss Osborne

“We firmly believe everyone has the right to ‘find their happy’ and aim to provide support, empathy, and care so we can truly make a positive difference.” Ben Smith

