

PHYSICAL EDUCATION RISK ASSESSMENT

School: Windmill Hill Academy	Date: August 2020	Review by: January 2021
Venue details: Large outside playground and small indoor hall. Fire exit at far end of hall. Large apparatus fixed to walls on both sides of the hall. Hall doubles as a lunch hall. Playground covered in Tarmac and in good condition. Planters, benches and containers dotted around perimeter of playground.		

GENERAL RISK ASSESSMENT

Risk	Who	Risk Level	Control Measures	Risk Level After Control Measures
Injury from faulty equipment	Everyone	Medium	<ul style="list-style-type: none"> All equipment checked before use Faulty equipment removed from use Children taught to look after and monitor safety of equipment Large kit evaluated by outside specialists where appropriate If in doubt – DO NOT USE Kit stored safely after use 	Low
Being hit by an object e.g. ball, bat	Everyone	High	<ul style="list-style-type: none"> All large kit use monitored closely by staff e.g. batters observed Designated areas for striking and fielding type activities Protective clothing worn where appropriate e.g. goalkeeper gloves, cricket padding Use age appropriate kit e.g. soft balls in KS1 Behaviour expectations continually reinforced 	Low
Trips/falls on uneven surfaces	Everyone	Medium	<ul style="list-style-type: none"> Surface/floor checked for risks before each lesson Lessons conducted on appropriate surface e.g. football on grass field, Gym in hall Children to wear activity appropriate footwear Mats used where necessary 	Low
Injury from walls/perimeter boundaries	Pupils	Medium	<ul style="list-style-type: none"> Activities conducted away from walls/fences Walls/fences checked for risks e.g. protruding object Cones used to mark safe activity areas 	Low

Injury from falling large kit e.g. netball posts	Everyone	High	<ul style="list-style-type: none"> • Staff to monitor all movement of large kit • Any students helping/moving kit to be shown how to do so safely first • Students in KS1 must NOT move large kit • Kit not to be moved in adverse weather conditions • Kit stored safely after use 	Low
Equipment causing damage to external people or objects e.g. balls over the fence	General Public	Medium	<ul style="list-style-type: none"> • Lessons to take place within PE appropriate facilities e.g. field, playground • Manage space to keep occurrences as low as possible e.g. throwing and catching away from fences • Face striking activities away from potential risks 	Low
Hot conditions and heat stress/sun stroke	Everyone	Medium	<ul style="list-style-type: none"> • Children have drinks available • Avoid prolonged exposure to the sun – breaks in the shade • Adjust activities/reduce intensity • Sun hats worn where appropriate 	Low
Wet/icy conditions	Everyone	Medium	<ul style="list-style-type: none"> • Wet and/or icy surfaces checked for safety before and during lessons • Lessons taught indoors during cold conditions • Children to wear jumpers/warm tops during cold weather 	Low
Muscle injuries/strains	Pupils	Low	<ul style="list-style-type: none"> • Thorough warm-ups conducted • Activities suitable for age group • Equipment matches age of children 	Low
Collisions during activities	Pupils	Medium	<ul style="list-style-type: none"> • Appropriate space used and marked for each activity • Number of participants managed carefully • Appropriate STOP signal used if activity becomes hazardous 	Low
Hair/clothing/jewellery entangled in equipment	Pupils	Medium	<ul style="list-style-type: none"> • Where possible, all jewellery removed before lessons. • Hair to be tied back behind the head • Clothing, including footwear must be suitable for activity 	Low

			<ul style="list-style-type: none"> • If the above cannot be achieved, then activities are stopped or differentiated appropriately 	
Fire	Everyone	High	<ul style="list-style-type: none"> • Ensure fire exits remain clear when using indoor spaces • Ensure children know the protocol for safe exit from indoor spaces in the event of a fire alarm 	Low
Management of medical conditions e.g. Asthma	Pupils	Medium	<ul style="list-style-type: none"> • Students to have access to inhalers and other needed medicine/medical aids during every lesson • Appropriate first aid kit on hand • Adjust activities where necessary • Injured students are not to participate in lessons 	Low

COVID SPECIFIC RISK ASSESSMENT

Risk	Who	Risk Level	Control Measures	Risk Level After Control Measures
Contamination of equipment and transfer between pupils	Everyone	Medium	<ul style="list-style-type: none"> Where possible pupils to use individually allocated equipment. Equipment cleaned before a new pupil uses it. Pupils to wash their hands at set intervals during each session. All equipment cleaned thoroughly at the end of each session. Each class/group to not use the same equipment. 	Low
Movement to and from sessions	Everyone	Medium	<ul style="list-style-type: none"> All pupils and staff to maintain 2m distancing Take the shortest route possible Avoid routes with other groups/travel paths Use outside routes where possible 	Low
Close contact during sessions	All pupils	Medium	<ul style="list-style-type: none"> Curriculum delivery focussed on individual sports and activities e.g yoga, athletics, dance Pupils manage their own equipment Pupils given specified areas to work in marked out with cones and/or playground markings 	Low
Close contact during breaks	All pupils	Medium	<ul style="list-style-type: none"> Cones/spots used to give each individual their own 2m space for drinks breaks. Pupils take breaks in small groups to reduce likelihood of crossing paths 	Low
Close contact during feedback	Everyone	Medium	<ul style="list-style-type: none"> Feedback delivered from a minimum of 2m Utilise nonverbal feedback more extensively than normal e.g. thumbs up, air high 5 	Low
Administering first aid	Everyone	Medium	<ul style="list-style-type: none"> PPE available in first aid kit – gloves, mask, resuscitation shield. 	Medium
Contamination of common area surfaces	Everyone	Medium	<ul style="list-style-type: none"> Common area surfaces (door handles etc) to be cleaned before and after all sessions. Minimise movement between areas during sessions. 	Low
Students resuming exercise after potentially long periods of inactivity	All pupils	Medium	<ul style="list-style-type: none"> Ensure thorough warm-ups and cool downs to minimise the risk of muscular injuries. Allow pupils opportunities to rest when needed (while still adhering to social distancing). 	Low

			<ul style="list-style-type: none"> • Plan sessions with extensive differentiation. • Reduce competitive elements of PE initially. 	
Availability of hand washing facilities	Everyone	Medium	<ul style="list-style-type: none"> • Portable hand washing facilities made available outside if possible. • If not, hand sanitiser stations made available. • Outside bins placed to dispose of potentially contaminated materials e.g. tissues. 	Low
Transmission between bubbles	EH	Medium	<ul style="list-style-type: none"> • Hands washed after every session. • Clothes changed and shower taken if moving between schools in the same day. • Spare clothes available in case of contamination e.g. when administering first aid • No equipment to be moved between schools. • Planning resources to be left outside/in the hall when collecting classes. • Minimise the use of all paper planning where possible. 	Low

Note: All other risk assessments including the school's own Covid 19, facility and PE risk assessments still apply.