

MONDAY

## HOT SPECIALS...

**Macaroni Cheese**  
Cheesy Macaroni Pasta

**Veggie Sausage and Mash with Gravy**   
Fluffy mash with veggie sausages and rich gravy

**Allegra's Garlicky Chicken and Spanishy Spuds**

Garlic seasoned chicken served with spanish style potatoes

**Veggie Balls in Tomato Sauce with Pasta**

Delicious veggie balls in a tasty tomato sauce with pasta

**Tender Roast Gammon with Roast Potatoes & Gravy**

Tender roast gammon with fluffy roasties and tasty gravy

**Meat-free Roast with Roast Potatoes and Gravy**

Delicious Quorn roast with fluffy roasties and tasty gravy

**Cornish Steak Pasty with Potato Wedges**

Steak pasty with potato wedges

**Veggie Lasagne served with a Bread Wedge**

Delicious sheets of pasta layered with veggies and tomato sauce

**Southern Fried Chicken Tasters with Chips**

Lightly seasoned crispy chicken strips and scrummy chips

**Soft Taco and Chips**

A soft taco shell filled with a yummy veggie tomato chilli

## DAILY FAVES...

**Jacket Potatoes**   
A choice of hot and cold fillings

**Tomato Pasta**   
Fresh, homemade tomato and basil sauce with penne pasta

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## WEEK 3

W/C: 13/09 04/10 15/11  
06/12 17/01 07/02 28/02  
21/03

## SIDES...

Peas  
and  
Carrots

Sweetcorn  
and  
Broccoli

Carrots  
and  
Cabbage

Green Beans  
and  
Sweetcorn

Baked Beans  
and  
Peas

## PICK A PUD!

Orange  
Shortbread  
with Fruit  
Slices

Apple and  
Carrot  
Yoghurt Muffin

Strawberry Ice  
Cream

Chocolate  
Sponge Cake

Crispy Snow  
Bar

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

Local Office: 01872 540544 or [diana.thomas@compass-group.co.uk](mailto:diana.thomas@compass-group.co.uk)

Chartwells



YOUR  
FAVOURITES  
available  
every day

OUR  
NEW MENU!  
chosen by our  
parents and  
children



£2.30

THREE WEEK MENU  
AUTUMN/WINTER 21



**TRY SOMETHING DIFFERENT - NEW TASTES & FLAVOURS!**  
I'm here to Takeover your Tuesdays! My dishes contain new tastes and flavours to encourage your little ones to try something new. I hope they love them as much as I do!  
**Allegra McEvedy**, Presenter of BBC's Step Up to the Plate and Junior Bake Off.

Chartwells



MONDAY

## HOT SPECIALS...

Burrito  

A soft wrap filled with lightly spiced veggies and rice

Macaroni Cheese 

Traditional Mac N Cheese, delicious macaroni in a creamy cheese sauce

TUESDAY

Allegra's Chicken Filo Pie with Mashed Potato

A delicious light filo pastry topped chicken pie



Allegra's BBQ Beans served with Cornbread  

Tasty BBQ beans served with Cornbread

WEDNESDAY

Roast Chicken with Roast Potatoes &amp; Gravy

Succulent roast chicken with fluffy roasties and tasty gravy

Sweet Potato and Chickpea Roast with Roast Potatoes and Gravy  

A chunky sweet potato and chickpea roast

Pasta Bolognese  

A classic Italian beef bolognese in a yummy tomato sauce

Butternut Squash and Tomato Bake with Rice 

A delicious butternut squash and tomato bake served with rice

THURSDAY

Golden Fish Fingers and Chips

Crispy fish fingers with scrummy chips

Quorn Dippers and Chips

Crispy Quorn Nuggets with their fav sauce - Ketchup

FRIDAY

## DAILY FAVES...

Jacket Potatoes 


A choice of hot and cold fillings

Tomato Pasta 

Fresh, homemade tomato and basil sauce with penne pasta

Jacket Potatoes 


with salmon mayonnaise

Tomato Pasta 

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Jacket Potatoes 

A choice of hot and cold fillings

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Tomato Pasta 

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## WEEK 1

W/C: 20/09 11/10 01/11  
22/11 13/12 03/01 24/01  
14/02 07/03 28/03

## SIDES...

Green Beans  
and  
SweetcornPeas  
and  
BroccoliCarrots  
and  
CabbageBroccoli  
and  
SweetcornBaked Beans  
and  
Peas

## PICK A PUD!

Raspberry  
Ripple Ice  
Cream

Brownie

Shortbread  
Biscuit with  
Fresh Cut  
Fruit Slices Berry & Peach  
Oaty Crumble  
with Custard  
Orange,  
Sultana &  
Cake Slice

MONDAY

## HOT SPECIALS...

Veggie Bolognese  

Penne pasta in a yummy tomato and Quorn sauce

Cheese and Tomato Pizza with Dough Balls  

Cheesy tomato topped pizza slice

Allegra's Chicken Katsu with a Rice Side 


Yummy crispy Chicken Katsu with rice

Allegra's Oodles of Noodles  

Delicious noodles with tofu and veggies

Roast Turkey with Roast Potatoes &amp; Gravy

Roast turkey with fluffy roasties and tasty gravy

Creamy Vegetable Pie with Roast Potatoes and Gravy 

Creamy vegetable pie with a cheesy shortcrust topper

Cottage Pie  

Home cooked minced beef with a crispy potato topping

Mild Chickpea and Potato Curry   

served with Wholemeal Rice

Golden Fish Fingers and Chips

Crispy fish fingers with scrummy chips

Tomato Veggie Burger with Chips 

A delicious homemade veggie burger

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

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A choice of hot and cold fillings

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## WEEK 2

W/C: 06/09 27/09 18/10  
08/11 29/11 10/01 31/01  
14/03 04/04






## SIDES...

Green Beans  
and  
SweetcornBroccoli  
and  
PeasCabbage  
and  
CarrotsGreen Beans  
and  
SweetcornPeas  
and  
Baked Beans

## PICK A PUD!

Flapjack with  
Fruit Slices Peach  
Shortbread  
Pudding &  
Custard Raspberry  
Yoghurt CakeFruity  
Chocolate  
Brownie

Vanilla Ice-Cream

-  Vegetarian  Oily fish  
 Wholegrain  Fruity!  
 Nutritionist's Choice

Water, salad,  
bread and fruitAvailable  
every day!