



Carnyorth

Suggested clothing and equipment list

For night time

- Cuddly toy
- Sleeping Bag (best packed separately)
- Pillow and pillowcase
- Flat sheet for on the mattress
- Night clothes(pyjamas for pyjama party)
- Towel
- Wash bag and toiletries

Remember the Cornish climate cannot always be relied upon. Make sure you bring warm clothes – even in July

For day time water/land-based activities

(Please bring old clothes that you are not precious about)

- Underwear
- Several pairs of warm socks
- T shirts
- Trousers, preferably not jeans (jeans are heavy when wet)
- Jumpers/Sweat Tops/Fleeces
- Waterproof jacket and trousers – let us know if you would like to borrow from school
- Wellies, walking boots/trainers (these may get wet and muddy)
- Old shoes / wetsuit boots for water activities (not flip flops, crocs or reefs)
- A warm hat, scarf, gloves
- Small rucksack/day bag that can be easily carried.(draw string ones are ideal)
- Packed lunch box
- Unbreakable drinks container – no glass
- Cap/Sun hat and sun cream
- Personal medical requirements – medical forms to be completed and handed to Miss Osborne or Miss Hazuchova

In the centre

- Indoor shoes ie: plimsolls or slippers
- 2 black bin liners for wet and dirty clothes – please label and name for easy reference
- 2 carrier bags

Please pack everything into a medium sized bag

ENSURE EVERYTHING IS LABELLED WITH YOUR NAME

There is no need for spending money – there is nowhere to spend it.