We will not share inappropriate images

Inappropriate use of technology and the internet – nude selfies

❶ About this unit

UNIT SUMMARY

In this unit, children will learn about the consequences of sharing **nude selfies**. They will watch a short animation where a nude selfie goes viral and discuss why people might post such selfies. They will then review a scenario where someone is requesting a nude picture, and come up with strategies to deal with this. Finally, they will offer advice to children who are considering sharing nude selfies.

REPORTING ROUTES

In Year 6, children should know a range of ways to report concerns and inappropriate behaviour through:

• talking to a trusted adult
• calling Childline (0800 1111)
• using reporting buttons within websites, games and apps
• clicking the CEOP button.

These points should be re-emphasised in any teaching and learning where children are working online.

If any safeguarding issues or concerns arise during this unit, you must follow your School Safeguarding Policy.

ONLINE SAFETY FOCUS

In this unit, children will:

• understand the negative consequences of sharing nude selfies
• develop confidence in saying no when they are posed with a request for inappropriate and or indecent images of themselves
• understand that once an image is online, it stays online forever
• understand what is meant by nude selfies and learn that, sending, sharing and storing inappropriate images of under 18s is a crime.

ENGAGING PARENTS AND CARERS

• Share this session with parents in advance so they are prepared to answer any questions.
• Consider running a session for parents to discuss the implications of sharing nude selfies.
• Consider sharing relevant websites on **sexting** with parents and carers (see *Useful links*).

TEACHER KNOWLEDGE

• Review guidance on sexting: www.gov.uk/government/uploads/system/uploads/attachment_data/file/551575/6.2439_KG_NCA_Sexting_in_Schools_WEB__1_.PDF
• In recent years, the 'selfie' has seen a huge surge in popularity. As children progress into teenage years there is a risk that these images can become more sexual; children may wish to share their own sexualised images as a statement of body confidence without any form of coercion.
• It is very difficult for children to admit they have either sent or received indecent images. This helps children to develop strategies for dealing with these scenarios.
• This lesson must be used in conjunction with your school's existing Acceptable Use, Safeguarding and Child Protection Policies.
• Incidents of nude selfies must be part of your School Safeguarding Policy. Sharing information about this with the children helps reassure them about the response they can expect upon making a disclosure.
• It is recommended that you use the term 'nude selfies' rather than 'sexting'.
• Review the definitions of the following terms using the glossary on page 64: **nude selfies**, **sexting**.

CROSS-CURRICULAR LINKS

Computing
Use technology safely, respectfully and responsibly; recognise acceptable/unacceptable behaviour; identify a range of ways to report concerns about content and contact.

2 Getting ready

ONLINE SAFETY PRINCIPLES

Think about how you can embed the online safety learning and outcomes from this unit within your whole-school online safety strategy through:

- whole-school e-team engagement
- online safety displays
- use of a website online safety area
- Twitter tweets. For example: 'This half term our Year 6 pupils have been learning about the consequences of sharing nude selfies.'
- a school newsletter. You may wish to paste the following advisory text for parents and carers into your school newsletter, or send home in book bags (see editable *Newsletter text* on My Rising Stars): 'This half term Year 6 pupils have been learning about the negative consequences of sharing nude selfies. Please watch the following short animation with your children: www.youtube.com/watch?v=z1n9Jly3CQ8, and ask them to explain the consequences of sharing such pictures online. Please contact the school if you need help in accessing the animation.'

THINGS YOU NEED

- Interactive whiteboard with sound

THINGS TO DO

- Familiarise yourself with the steps of this activity before running this online safety session.
- Double-check the content of all websites before sharing in class.
- Check to see if YouTube is accessible in your school. If not, you will need to view the NSPCC video listed from the NSPCC web page (see *Useful links*).
- Print and photocopy the *Got the message?* photocopiable master – one per child.

⭐ MY RISING STARS RESOURCES

- *Got the message?* (.pdf)
- *Protect yourself* (.ppt)

⭐ OTHER RISING STARS RESOURCES

- This unit links well with *Switched on Online Safety Unit 4.2 – We are standing up to peer pressure*.

👥 INCLUSION/THINGS TO CONSIDER

- Some children may already have had experience of sexting. Ensure any disclosures are dealt with sensitively and in accordance with your existing Safeguarding and Child Protection Policies.

www USEFUL LINKS

- CEOP's Play, Like, Share; how to recognise pressuring and manipulative behaviour online: www.thinkuknow.co.uk/parents/playlikeshare/
- NSPCC – 'I saw your willy' animation: www.youtube.com/watch?v=z1n9Jly3CQ8
- NSPCC – information on sexting: https://www.nspcc.org.uk/preventing-abuse/keeping-children-safe/sexting/
- Advice for parents, schools and children on sexting: www.childline.org.uk/get-support/
- Information about sexting: www.childnet.com/parents-and-carers/hot-topics/sexting
- Information, definitions and advice for schools dealing with incidents of sexting: www.parentsprotect.co.uk/files/Sexting%20in%20Schools%20eBooklet%20FINAL%2030APR13.pdf
- Sexting in schools and colleges – government guidelines: www.gov.uk/government/uploads/system/uploads/attachment_data/file/551575/6.2439_KG_NCA_Sexting_in_Schools_WEB__1_.PDF
- CEOP Guidance on what to do if a nude selfie is shared in school: www.youtube.com/watch?v=IK3TDzETkRg

3 Running the lesson

Resources

- NSPCC – 'I saw your willy' animation: www.youtube.com/watch?v=z1n9Jly3CQ8
- *Protect yourself* (PowerPoint presentation)
- *Got the message?* photocopiable master – one per child

Possible outcomes

- Children will develop a strong message against sending, receiving or storing inappropriate messages and images through discussion of a scenario.

Step 1: Introducing the session

- Explain to the children that in this online safety session they are going to discuss the consequences of taking and sharing suggestive or nude selfies – an image someone takes of themselves that shows either full or partial nudity.
- Explain that in the UK, it is illegal to take inappropriate photos of yourself or anyone else under the age of 18, even if the person in the photo gives permission.

Step 2: Sharing nude selfies with others

- Watch the animation: 'I saw your willy' from the NSPCC (see *Useful links*).
- Ask the children to discuss the video. When Alex sent the nude selfie, did he realise that it would be shared with lots of people? How did Alex feel when lots of people saw the picture? Remind the children that as soon as he sent it, Alex lost control of the image. Recall that anything put on the internet can stay there forever.
- Ask the children to suggest the possible consequences of sharing nude selfies. Scribe their responses round the interactive whiteboard. Examples may include: embarrassment, distress and loss of confidence for the individual; teasing and bullying by others who have seen the image; damage to individual's reputation if others see this content in future. Reinforce the idea that once an image is online, it stays online forever.
- Ask the children to spend a few minutes discussing in their groups what Alex should and should not have done. Bring the class back together and ask children to share their ideas. If necessary, clarify that Alex should have thought about the consequences of sending a nude selfie and should not have sent the picture in the first place. Once he realised there was a problem he should have spoken to a trusted adult, or called Childline, even though he was embarrassed. They would both be able to help Alex and support him.
- Ask children why they think people might send nude selfies. Explore the ideas around celebrity status and body confidence. For example: they know celebrities do it and so want to be more like them, they feel confident about their bodies and want to impress others.
- Emphasise that body confidence is important but that we do not need to post inappropriate or nude selfies to feel confident about ourselves. Part of body confidence is having respect for our bodies and knowing that they are private (make links with keeping personal information private here, if appropriate).

Step 3: Responding to requests for nude selfies

- Project slide 2 of of the *Protect yourself* PowerPoint presentation onto the interactive whiteboard. Ask children to imagine they have received this message but they do not know who it is from. How would they feel if they received this message? What would they do? If necessary, explain that if the message is from a stranger they should ignore and/or block the sender. Even if the message was from someone they know, they should always say no. They should then tell a trusted adult.
- Now ask children to imagine that this message has come from someone they really like and want to impress. How do they feel now? Have they changed the way they feel about the message? If so, why?
- Emphasise that children should confidently say no, even if they think this person can be trusted. Remind them that images can easily be shared via social media and once an image is on the internet it can last forever.
- Finally, ask children to imagine that someone has sent them a naked picture of someone else. Remind them of the role of the bystander in online safety scenarios. How would they respond? (They should tell a trusted adult.)

Step 4: Developing a clear response

- Remind the children that their trusted adults are important sources of comfort and advice if they are worried about anything that happens with technology or online.
- Explain that in the UK, Childline is also an important place for children to report incidents where they have experienced inappropriate use of devices.
- Hand out a copy of the *Got the message?* photocopiable master to all children. Ask them to write a response to each of the messages, giving them clear advice about what to do.

Step 5: Summing up

- Reinforce the idea that we do not need to take or share nude selfies to feel confident about ourselves – just like personal information, our bodies are private. We should remember the possible consequences of posting nude selfies. Children should always talk to a trusted adult, or call Childline if they have sent or received a nude selfie, even if they feel embarrassed.

4 Taking it further

- Ask children to share the NSPCC campaign 'Share Aware' with their grown-ups at home. Encourage them to explain the consequence of sending nude selfies.
https://www.nspcc.org.uk/ShareAware