Windmill Hill Academy





# *Windmill Hill Academy* Suncare Policy 2014

## Suncare Policy 2014



At Windmill Hill Academy we want our pupils to enjoy the sun safely.

We will work with staff, pupils and parent/carers to achieve this through:

#### EDUCATION

- All pupils will have at least one 'sun smart' lesson in the summer term, explaining sun care, as suggested by Cancer Research UK.
- We will talk about being sun smart in an assembly in both key stages in the summer term.
- We are aware at Windmill Hill Academy that there is an increased risk from the sun today and that we can help children become 'sun safe' by teaching them at an early age how to protect themselves. We see this as part of their PSHCE/Citizenship Education.
- Parents and carers will be sent a letter explaining what the school is doing about sun protection and how they can help in the summer term.
- Teachers will have sun smart training at a staff meeting in the summer term.

### PROTECTION- this is an ongoing process

Shade:

- We have little shade in playground areas but this is being improved year on year by providing shading.
- Pupils who are eating packed lunches outside in playground area are taken to areas of shade to eat.
- We are looking at canopies to provide shade in other areas of school as well as planting more trees, possibly using fundraising to facilitate this.

#### Timetabling:

 On our sports days and other outdoor events, although taking place between 9.00a.m and 11.30 a.m, we will provide shaded areas for children to sit whilst awaiting their event. Breaks will also be built into the programme for shelter and refreshment.

#### Clothing:

- Children will be encouraged to wear labelled sun hats and school uniform ones are available to buy. We shall try to keep a pool of spare sunhats for those who do not have them. Year six children will be encouraged to donate them when they leave school. However, there may be times when children without sun protection will not be able to go out in the playground but will have to remain indoors during very sunny weather.
- Children will be required to wear short sleeved T shirts for PE rather than vests as clothing offers the most protection where practical.
- Teachers will demonstrate and encourage safe sun practice by wearing sunglasses/hats when on duty if practical.

#### Sunscreen:

- Pupils/parents will be asked to put sun screen on before school that gives 10 hour protection. This is particularly important if pupils are going on a class trip.
- Parents will be made aware that sun screen needs to be at least factor 20 and preferably higher to offer adequate protection.

Water

#### Windmill Hill Academy

- Water bottles are available from the school office and parents are encouraged to ensure that pupils bring a water bottle to school every day, particularly during hot weather.
- Staff will actively encourage pupils to drink water when going outside or taking part in energetic activities, e.g. PE, playtime, lunchtime.
- Water will be available for pupils at all times.

This policy will be reviewed by staff and governors at the beginning of the summer term each year.