Welcome to Switched on Online Safety

Switched on Online Safety provides a comprehensive whole-school online safety education programme for teachers, pupils and parents.

To introduce you to the scheme, we'd highly recommend watching the *Welcome to Switched on Online Safety* video, available via My Rising Stars.

WHAT DOES *SWITCHED ON ONLINE SAFETY* COMPRISE?

Switched on Online Safety comprises three teacher's books (KS1, LKS2, UKS2), plus additional digital resources available via My Rising Stars (see the inside front cover and page 8 for more details). Each teacher's book is made up of two elements:

- extensive information and guidance on online safety
- twelve step-by-step units to run with your pupils.

HOW IS THE TEACHING CONTENT STRUCTURED?

The teaching content across *Switched on Online Safety* is split into six key online safety strands:

- developing online safety guidelines
- social and emotional wellbeing and developing resilience
- responsible **internet** use
- keeping information safe
- digital citizenship
- playing games and having fun.

Each strand is covered once in each year group.

In this book, *Units 3.1–3.6* are designed for use with Year 3 and *Units 4.1–4.6* with Year 4. This equates to one online safety activity per half term.

We suggest that the activities are carried out in order to link with particular online safety initiatives that are run throughout the year (see Medium term plans on pages 12–15).

HOW ARE THE TEACHING UNITS STRUCTURED?

Each unit is broken down into four pages:

- **Page 1:** *About this unit*, which includes reporting routes, ways to engage parents and carers, and key teacher knowledge.
- **Page 2:** *Getting ready*, which includes suggestions for embedding online safety learning throughout the school, links to Rising Stars resources and useful links.
- **Pages 3–4:** *Running the lesson*, which includes possible outcomes, step-by-step teaching guidance and suggestions for taking the unit further.

Related digital content for each unit is highlighted with ☆ and is provided on My Rising Stars.

HOW DO I ACCESS THE DIGITAL RESOURCES?

You will need to set up or log into your My Rising Stars account (www.risingstars-uk.com/login). See the inside front cover for more details.